



**Isle of Palms Recreation Department
3 & 4 Year-old "Fast Start"
Soccer
2026**

I. Team Requirements

Number of players- To be determined after registration. Min. 8 Max 10
(one parent per family must be present and participate at all times)

II. Player Eligibility

Player age as of September 1, 2026

Players must be 3 or 4 years old to compete in this program.

Picture Day – October 6th ***Times will be assigned to teams***

Parents/legal guardians of players must complete registration, provide a birth certificate and pay the registration fee in order to participate in the Youth Athletic "Fast Start" Program.

The Recreation Department will provide soccer balls, cones, jerseys, soccer goals, etc. All Equipment provided by the Recreation Department needs to be left on the field for the other teams to use. Each parent shall be responsible for providing shorts, socks, shoes or any other protective equipment necessary to compete in this program. (Shin Guards are optional).

III. Team Leader Selection

One parent per family must be present at all "Fast Start" activities. These activities include but are not limited to practices, scrimmages, and activities.

One parent from each team will be registered with the Recreation Department as the "Team Leader". The "Team Leader" will be asked to supervise game days, introduce and conduct various skill drills, instruct each player during activities, and ensure a safe environment for all participants. Team leaders shall be required to sign a waiver to conduct a background search prior to play.

The Recreation Department reserves the right to reject a candidate for the position of "Team Leader" for an individual who has displayed any form of un-sportsman like conduct, profanity or who has threatened physical harm to umpires, players, managers, coaches or league officials, has been suspended from the recreation programs due to unbecoming behavior or in the opinion of the recreation staff believe this individual does not fit the desired attitude, departmental goals and end results expected of our residents and Department.

IV. Player Selection

Team assignments will be made after registration and prior to activity schedule.

- The Recreation staff will randomly select teams.
- Teams will consist of male and female players.
- Siblings will be paired together unless instructed otherwise by the parents.

V. Activities, Schedules & Practices

Each Team Leader and parent will be given a copy of the league rules and activity schedule. These rules must be adhered to for the success of the program.

All players must be given equal playing time.

5 field players per team on the field at one time, **NO GOALIES**

A Team Leader may hold a player out of the activity for injury or sickness

If a player becomes a disciplinary problem the parent present must remove his/her child from the playing field immediately.

NOTE: The Team Leader must notify the Recreation Department of any discipline problems, preferably the next working day or at least, prior to the next scheduled activity.

Activities must be played at the time, day and location specified on the schedule.

Activities that are canceled or postponed due to weather or acts of God will be rescheduled by the Recreation Staff, if and only if, time permits at the end of the season.

Activity schedules will be strictly enforced. Activities will take place on Saturdays. Times and field assignments will be determined by the recreation staff.

Teams will be asked to share playing fields.

Activity days will be set up, so that all teams have equal playing time.

VI. Awards

Each player will receive an award for participation.