



Adult 6v6 Soccer Rules Spring 2026

Games: Tuesday Evenings; 6:30pm, 7:30pm, 8:30pm

League Fee: \$300 per team; Fees are due by the registration deadline February 13th. **LEAGUE FEES ARE DUE by the registration deadline, February 13th, 2026. ONLY payments received reserves the team registration in to the league.**

Field Of Play: Goal Area is 20' x 24'. Entire field of play is 112' x 150'.

Player: Each team will consist of five (5) field players and one (1) goalkeeper. Teams must have a minimum of four (4) players to begin a match.

Roster: 12 players are permitted on a roster; All players must be 18yrs old by February 13, 2026. Rosters are frozen a third of the way through the season and will be indicated on the league schedule.

Substitutions: Unlimited substitutions: 1) after a goal is scored, 2) on either team's goalkick, 3) on an injury timeout, 4) on possession throw-ins and 5) after a caution has been issued.

Uniforms: All teams are required to wear matching shirts, shorts and socks. The home team is required to wear alternate colors if primary colors are similar. A player may not wear anything dangerous to another player (Referee's discretion). Shin guards are mandatory. Socks must completely cover shin guards. No jewelry is allowed.

Ball: Size 5 ball will be used and provided.

Referees: One (1) referee per match. The Recreation Department reserves the right to assign an additional referee to any match.

Inclement Weather: Captain's should visit City of Isle of Palms Facebook Page for weather updates. Decisions on field conditions are made by 3:30pm the day of the game. If conditions worsen, the recreation staff and/or the referee will make the final decision.

Forfeits: Game time is forfeit time.

Protest: Protests regarding referee judgment will not be permitted; See Adult Policy and Procedures

General Conduct: A player accumulating 3 cautions will be suspended for 1 match. A player red carded (ejected) from a ball game, for any reason, must pay a \$10.00 Sportsmanship fee to the Recreation Department, in addition to sitting out the next game, before he/she is allowed to return.

Duration of the Game: Each match will consist of 2 x 25 minute halves with a 3-minute halftime. In case of a tie after regulation, one, 5-minute golden goal period will ensue. If still tied, the game will stand (regular season only).

Playoffs: Golden goal periods of 5-minutes will continue until a team scores. However, after each overtime period, beginning with the 2nd OT, one player from each team shall be removed until there are only 2 players from each team. If the match is still tied, each team will gain 1 player per OT period until they are at full strength, then the process will repeat if necessary.

Start of Play: The ball may be played back on a kick-off. Opposing players must be at least five (5) yards away prior to all kick-offs. No drop balls in the goal area.

Offside: Offside will NOT apply.

Slide Tackling: ***NO SLIDING PERMITTED***

Three Line Violation: A player is guilty of a three-line violation when he passes the ball across three lines in the air towards the opponent's goal line, without it touching or having been played by another player. The ensuing indirect kick is placed at the point where the ball crossed the first line.

Fouls/ Free Kicks: All direct and indirect fouls apply. Opposing players must be at least 5 yards from the ball. Once the ball is stationary, the kicker will have 5 seconds to play the ball after being signaled to do so by the referee.

Goalkeeper Restrictions: All FIFA Laws will apply with the following exceptions: 1) Once the GK has possession of the ball, he has 5 seconds in which to put the ball back into play. 2) The GK may not throw, punt or drop kick the ball on the fly over 3 lines.

Penalty Kick: A PK shall be taken from the penalty mark 24ft from the goal line. All players except the kicker and opposing goalkeeper must be outside the penalty area, at least 5 yards from and behind the ball.

Throw-In: The 5 second rule and the 3 line violations also apply for throw-ins. The opposing team will regain possession of the ball after a 5 second infraction.

Goal Kick: The 5-second rule DOES NOT apply, while the 3-line violation is in effect.

Corner Kick: The 5-second rule applies. Opposing players must be at least 5 yards from the ball.